



Nourish

Massage Bodywork & Skin Therapies

1301 N Astor Street Suite 26
Milwaukee, WI 53202
(414) 226-1977
www.nourishmassage.com

Directions & Important Information:

Nourish is located inside the Historic Montgomery House on the corner of Knapp & Astor Street (kitty corner from the County Clare). There is two hour street parking on Knapp, Astor and Marshall Streets. Please enter the red door on Astor Street and ring the third buzzer from the bottom labeled "Melissa Wright/Nourish" to enter. Follow up the stairs and then take a left to Suite 26.

If the door is closed, please have a seat in the waiting room and take a moment to silence your cell phones. A restroom is located through the hallway next to the fire hose; feel free to stop there first if needed. Your patience is appreciated and I will be with you shortly.

Detailed Directions:

** Please note that these exits may have changed due to construction. **
Feel free to call if further assistance is needed.

From the South:

Take I-794 North/Lake PKWY. Continue on Lake PKWY and take exit 1F toward Michigan Street. Turn left on Michigan, then right onto Van Buren. Continue north to Knapp Street and make a right. The Montgomery House will be on your left hand side, on the corner, at the four way intersection of Knapp & Astor.

From the North:

Take I-43 South. Continue on I-43 until I 45E via exit 73A on the left toward McKinley Avenue. Turn right onto 6th Street/W-145E. Turn left onto W. Juneau Avenue. Follow east until Astor Street and turn left. The Historic Montgomery House will be on your right hand side on the corner of Knapp & Astor.

From the West:

Take I-94E to the Van Buren Street Exit 1E. Follow north on Van Buren to Knapp Street and make a right. The Historic Montgomery House will be on your left hand side on the corner at the four way intersection of Knapp & Astor.

