



Nourish

Massage Bodywork & Skin Therapies
Waxing History and Release

Contact Information:

Name: _____ Date: _____

Email: _____ Phone: _____

Waxing History/Treatment Information:

Have you ever received a professional waxing service before? yes no

If yes, have you ever experienced any adverse reactions from the waxing? yes no

Please describe: _____

In general, do you feel your skin is sensitive? yes no

Do you have regular exposure to the sun? yes no

Have you been tanning in the last 48 hours? yes no

Do you use any sun protectants for your skin? yes no

Have you used any products on the areas to be waxed today? yes no

Please describe: _____

Are you currently affected by any of the following health conditions listed below?

Eczema Allergies Cancer/Skin Cancer Diabetes

Psoriasis Sunburn Varicose Veins Recent Peels

Menstrual Cycle Herpes Simplex Distended Capillaries Recent Surgery

Other: _____

Please list all medications/supplements that you are currently on including tylenol, aspirin, etc.



Have you used Retin-A in the areas to be waxed in the past 3 months? yes no

If yes, where and what type? _____

Have you taken the drug "Accutane" in the past year? yes no

Have you had any cosmetic surgery in the areas to be waxed? yes no

If yes, where and what type? _____

Is your menstrual cycle due within the next week? yes no

Are you pregnant? yes no

If yes, how far along? _____

Have you been under a physician's care within the past year? yes no

If yes, please explain: _____

Waxing is a SAFE procedure. However, a reaction may occur on the skin after an area is waxed for the first time, (especially if the skin is sensitive). The reaction may be seen as redness, hives and/or red or white bumps. There is a remote chance of burning if the area being waxed is HIGHLY sensitive. The reaction may vary in the length of time it lasts depending upon your skin's sensitivity level, (generally 3-24 hours is what to expect after your first waxing service). Beyond the first waxing experience most people experience redness for 2-3 hours.

It is recommended that make up not be applied to the area waxed for 12 hours. Also stay away from direct sunlight, saunas, chlorine & excessive sweating to avoid any unnecessary redness/irritation.

To reduce inflammation, apply a cool cloth soaked in water with either 1 tablespoon of baking soda or chamomile tea for 10-15 minutes. If in the event the skin has lifted, keep the area clean and apply Neosporin.

Signing below verifies that you have honestly answered all questions and have read the previous information, thereby releasing Nourish Inc. from any liability.

Signature _____ Date: _____

Thank you for the opportunity to perform your waxing service today!